

## Pelderwood Activities Calendar

## September 2022

	at WAVEILEI					
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LOCATION KEY  Activities will take place in the unit's dining room unless otherwise marked.  CH – Chapel  CY – Courtyard  R – Rooms		The Calendar is subject to change		10:30 Pastor Carl Service (Ch) 11:00 Who Am I? September Birthdays 2:00 Craft hour: Foam Flowers 3:15 Spa Time 4:30 Walking program	<ul> <li>10:30 Dance with me</li> <li>11:00 September Trivia</li> <li>11:30 If the Hat Fits – short story</li> <li>2:00 Bingo</li> <li>3:30 Sip &amp; Paint:</li> <li>4:30 Sensory Engagement</li> </ul>	<ul><li>10:30 Morning Visits</li><li>11:00 A-Z game</li><li>2:00 Sing Along</li><li>3:15 Spa Time</li><li>4:00 Courtyard walks</li></ul>
<ul> <li>10:30 Morning Visits</li> <li>11:00 Hymn Singing</li> <li>1:30 Ron Baker Church</li> <li>Service (Ch)</li> <li>2:45 Pick a letter</li> <li>3:00 Seated Zumba</li> <li>4:00 Movie: Robinson Crusoe</li> <li>Traveling Week</li> </ul>	10:30 Rosary (Ch) 11:00 Laborer Trivia 2:00 Bingo 3:15 Snack & Traveling to Japan 4:30 One on One visit (R) 6:00 Movie: 9 to 5 Labor Day	<ul> <li>10:30 Seated Cardio boxing 6</li> <li>11:00 Pick a letter</li> <li>2:00 Craft Hour: Hedgehogs</li> <li>3:15 Rhyme Time</li> <li>4:00 Cooking: Magical Pretzel Wands</li> <li>6:00 Men's Club: Table soccer/Card games</li> </ul>	<ul> <li>10:30 Conversation Ball 7</li> <li>11:00 "Would You Rather?"</li> <li>2:00 Bingo</li> <li>3:15 Travelogue: Morocco</li> <li>4:00 Garden walks</li> <li>6:15 Book Club</li> </ul>	10:30 Pastor Carl Bible 8 Study (Ch) 11:00 Pirate Trivia 2:30 Dan Earl Concert (CY) 4:00 One on One visit (R) 5:00 Therapeutic Coloring & Coffee Clutch	<ul> <li>10:30 Balloon Volleyball</li> <li>11:00 Guess the building on the map</li> <li>2:00 Bingo</li> <li>3:30 Sip &amp; Paint: Self Expression</li> <li>4:30 Travelogue: Sailing to Tortuga</li> </ul>	<ul><li>10:30 Morning Visits</li><li>11:00 Name 5 things</li><li>2:00 Family Feud</li><li>3:15 Spa Time</li><li>4:00 Courtyard walks</li></ul>
<ul> <li>10:30 Morning Visits</li> <li>11:00 Hymn Singing</li> <li>1:30 Ron Baker Church</li> <li>Service (Ch)</li> <li>2:45 Rhyme Time</li> <li>3:00 Origins of Grandparents</li> <li>Day</li> <li>4:00 Movie Matinee</li> <li>Grandparents Week</li> </ul>	10:30 Rosary (Ch) 11:00 Finish the phrase 2:00 Bingo 3:15 Chocolate Milkshake & Reminisce: Our Grandparents 3:45 Angry Bird Slingshot 4:30 One on One visit (R)	10:30 Seated Zumba 13 11:00 Name that tune 2:00 Larry Stametal Concert (CY) 3:45 Sensory Engagement 4:30 Walking program 6:00 Scribble Club	<ul> <li>10:30 Balloon Volleyball 4</li> <li>11:00 Five Clue: What am I?</li> <li>2:00 Bingo</li> <li>3:15 Cooking: Ambrosia Fruit salad</li> <li>4:00 September table talk</li> </ul>	<ul> <li>10:30 Kickball</li> <li>11:00 Categories: GRAND</li> <li>2:00 Craft Hour: Gift jars</li> <li>3:15 Jeopardy</li> <li>4:00 Spa Time</li> <li>6:00 Men's Club: Guess the Classic Car</li> </ul>	<ul> <li>10:30 Seated Cardio boxing 6</li> <li>11:00 A-Z game</li> <li>2:00 Bingo</li> <li>3:30 Happy Hour &amp; Special Bond story and discussion</li> <li>4:30 One on One visit (R)</li> </ul>	10:30 Morning Visits 11:00 Vintage Car Show/Food truck/50/50 raffle (parking lot)
10:30 Morning Visits 11:00 Jeopardy 2:00 Hymn Singing 3:00 A-Z game 3:45 Movie Matinee: The Sound of Music  Music Week	10:30 Rosary (Ch) 11:00 Name that Instrument 2:00 Resident Council 3:00 Bingo 4:30 Angry Bird Slingshot	<ul> <li>10:30 Dance with me</li> <li>11:00 20 catchiest songs from classic musicals</li> <li>2:00 Craft Hour: No Sew Scrunchies</li> <li>3:15 A-Z Game</li> <li>4:00 Spa Time</li> </ul>	10:00 Father Lewis Communion (Ch) 11:00 Family Feud 2:00 Bingo 3:15 Cooking: No Bake Lemon Bars 4:00 50's & 60's sing along	10:30 Bee Gees Seated Workout 11:00 Guess the 1960's TV show theme songs 2:00 Joe Lopreste Concert (CY) 3:45 Sing Along 6:00 Needle Circle	<ul> <li>10:30 Seated Zumba</li> <li>11:00 Finish the phrase</li> <li>2:00 Bingo</li> <li>3:30 Happy Hour &amp; Funny Videos</li> <li>4:00 Sensory Engagement</li> </ul>	10:30 Morning Visits 11:00 Name 5 things 2:00 Remembering Patsy Cline Songs 3:15 Spa Time 4:00 Coffee Clutch
10:30 Morning Visits 11:00 Jeopardy 2:00 Hymn Singing 3:00 Board/Card games 3:45 Movie Matinee  Fall Week Rosh Hashanah Begins	10:30 Rosary (Ch) 11:00 Rhyme Time 2:00 Jose Gomez Concert (CY) 3:45 Crockpot: Warm apple cider & sharing recipes 4:30 One on One visit (R)	<ul> <li>10:30 Seated Zumba</li> <li>11:00 Fall Trivia</li> <li>2:00 George Mann</li></ul>	<ul> <li>10:30 Target Toss</li> <li>11:00 Which Song Is It?</li> <li>2:00 Bingo</li> <li>3:15 Cooking: Chocolate Cranberry Party Mix</li> <li>4:00 Walking program</li> </ul>	<ul> <li>10:30 Seated Cardio boxing 29</li> <li>11:00 Picture a word</li> <li>2:00 Michael Pero</li></ul>	<ul> <li>10:30 Noodle Ball</li> <li>11:00 Fall Trivia</li> <li>11:30 Planet Earth</li> <li>2:00 Bingo</li> <li>3:30 Sip &amp; Paint: Leaves</li> <li>4:30 One on One visit (R)</li> </ul>	



## Activities Calendar

## September 2022 Seasons

I I I at	at WAVERLY								
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY			
CY Main Courtyard DR Dining Room C Café  Calendar is subject to change		Exercise is Sunday-Saturday @ 9:30 in the activity room  Rosary is every Monday @ 10:30 a.m. in the lobby chapel		9:45 Name 5 Things 10:15 Target Toss 10:30 September Trivia & Word Games 11:00 Walking/Sensory Wake Up 2:00 Sensory Balance 2:30 Craft Hour: Q-Tip Painted Lavender 3:30 Filing/Sorting	10:15 Hoop Shoot 10:30 Rhyme Time 11:00 Walking/Sensory Wake Up 2:00 Sensory Balance 2:30 Conversation Cards 3:00 Move Your Body 3:30 Happy Hour: Sing Along	9:45 Finish the Phrase 10:15 Balloon Volleyball 10:30 Pick a Letter 11:15 Set the Tables 2:00 Bingo 3:00 Helping Hands 3:30 Movie Matinee: Chitty Chitty Bang Bang			
I 0:15 Conversation Ball I 0:30 Hymn Sing I:30 Ron Baker Church Service 2:00 Art Club: Famous Artists 3	7:45 States & Capitals 10:15 Noodle Ball 10:30 Labor Day Trivia 11:00 Walking/Sensory Wake Up 2:00 Sensory Balance 2:30 Baking: Scones 3:30 Chest of Memories 4:00 Afternoon Stretch Labor Day	9:45 Categories: LABOR 10:15 Horseshoes 10:30 Family Feud 11:00 Walking/Sensory Wake Up 2:00 Sensory Balance 2:30 Bingo 3:30 Ring Toss Tourney	9:45 Hangman 7 10:15 Musical Instruments & Move Your Body 10:30 Music Club: Working Songs 11:00 Walking/Sensory Wake Up 2:00 Sensory Balance 2:30 Baking: Banana Bread Muffins 3:30 Move it or Lose It	9:45 Music Trivia 8 10:15 Kickball 10:30 Guess the Professions 11:00 Walking/Sensory Wake Up 2:00 Sensory Balance 2:30 Dan Earl Concert (CY) 2:30 Craft Hour: Fall Tree 3:30 Filing/Sorting	9:45 A-Z Game: Jobs 10:15 Balloon Volleyball 10:30 Jeopardy 11:00 Walking/Sensory Wake Up 2:00 Sensory Balance 2:30 Jobs Reminisce 3:00 Cardio Drumming 3:30 Happy Hour	9:45 This or That 10:15 Bowling 10:30 Pick a Letter 11:15 Set the Tables 2:00 Bingo 3:00 Helping Hands 3:30 Movie Matinee: 9 to 5			
10:15 Boxing 10:30 Hymn Sing 1:30 Ron Baker Church Service 2:00 Art Club: Watercolors 3:30 Snack & Chat 3	P:45 Finish the Phrase 12 10:15 Musical Instruments & Move Your Body 10:30 A-Z: School Supplies 11:00 Walking/Sensory Wake Up 2:00 Sensory Balance 2:30 Baking: Rice Krispie Treats 3:30 Back to School Trivia 4:00 Afternoon Stretch	9:45 Name 5 Things 10:15 Noodle Ball 10:30 Larry Stametal Concert (DR) 2:00 Sensory Balance 2:30 Bingo 3:30 Ring Toss Tourney	9:45 Scattegories 4 10:15 Conversation Ball 10:30 Music Club: Sing Along 11:00 Walking/Sensory Wake Up 2:00 Sensory Balance 2:30 Baking: Cereal Bars 3:30 Move it or Lose It	9:45 Name that Tune 15 10:15 Hoop Shoot 10:30 Rhyme Time 11:00 Walking/Sensory Wake Up 2:00 Sensory Balance 2:30 Craft Hour: Back to School Community Project 3:30 Filing/Sorting	9:45 Finish the Lyrics 16:15 Target Toss 10:30 This or That 11:00 Walking/Sensory Wake Up 2:00 Sensory Balance 2:30 Back to School Reminisce 3:00 Chair Yoga 3:30 Happy Hour: TV Concert	9:45 True or False Trivia 7 10:15 Musical Instruments & Move Your Body 10:30 Pick a Letter 11:15 Set the Tables 2:00 Bingo 3:00 Helping Hands 3:30 Movie Matinee: Grease			
10:15 Kickball 10:30 Hymn Sing 2:00 Art Club: Painting Apples 3:30 Snack & Chat  1 I	9:45 Hangman 19 10:15 Chair Yoga 10:30 Apple Trivia 11:00 Walking/Sensory Wake Up 2:00 Sensory Balance 2:30 Baking: Apple Crisp 4:00 Afternoon Stretch	9:45 True or False Trivia 20 10:15 Noodle Ball 10:30 Jeopardy 11:00 Walking/Sensory Wake Up 2:00 Sensory Balance 2:30 Bingo 3:30 Ring Toss Tourney	9:45 Categories 21 10:15 Balloon Volleyball 10:30 Music Club: Name your Favorite Tune 11:00 Walking/Sensory Wake Up 2:00 Sensory Balance 2:30 Baking: Applesauce Cookies 3:30 Move it or Lose It	9:45 Name 5 Things 10:15 Horseshoes 10:30 States & Capitals 11:00 Walking/Sensory Wake Up 2:00 Joe Lopreste Concert 2:00 Sensory Balance 2:30 Craft Hour: Apple Wreath 3:30 Filing/Sorting First Day of Fall	117	9:45 This or That 10:15 Boxing 10:30 Pick a Letter 11:15 Set the Tables 2:00 Bingo 3:00 Helping Hands 3:30 Movie Matinee: West Side Story			
10:15 Horseshoes 10:30 Hymn Sing 2:00 Art Club: Painting Leaves 3:30 Snack & Chat 2	2:45 Categories 26 10:15 Bowling 10:30 A-Z: Fall 11:00 Walking/Sensory Wake Up 2:00 Jose Gomez Concert (CY) 2:00 Sensory Balance 2:30 Baking: Leaf Sugar Cookies 4:00 Afternoon Stretch	9:45         Music Trivia         27           10:15         Target Toss           10:30         Music Twister           11:00         Walking/Sensory Wake Up           2:00         George Mann	9:45 Name that Tune 28 10:15 Hoop Shoot 10:30 Music Club: Sing Along 11:00 Walking/Sensory Wake Up 2:00 Sensory Balance 2:30 Baking: Cinnamon Bread 3:30 Move it or Lose It		9:45 Scattegories 30 10:15 Conversation Ball 10:30 Family Feud 11:00 Walking/Sensory Wake Up 2:00 Sensory Balance 2:30 Fall Trivia & Reminisce 3:00 Chair Yoga 3:30 Happy Hour				